



EVERY TRIP, EVERY TIME

PUT IT DOWN - DISTRACTED DRIVING AWARENESS CAMPAIGN – EBLAST VOLUME 26.2



APRIL IS DISTRACTED DRIVING AWARENESS MONTH!

According to the latest research from AAA's Traffic Safety foundation regarding Technology and Distraction; here are 10 tips to help avoid distractions while driving

- 10 Fully focus on driving.** Do not let anything divert your attention.
- 9 Store loose gear,** possessions and other distractions that could roll around in the car.
- 8 Make adjustments before you get underway.** This includes adjusting your seat, mirrors and climate controls before hitting the road.
- 7 Finish getting ready at home –** instead of once you get on the road.
- 6 Snack smart.** If possible, eat meals or snacks before or after your trip, not while driving.
- 5 Secure children and pets before getting underway.** If they need your attention, pull off the road safely to care for them.
- 4 Put aside your cell phone.** Never text, read email, play video games or scroll the internet or social media while driving.
- 3 If you have passengers,** let them be your co-pilot so you can focus safely on driving.
- 2 If another activity demands your attention,** instead of trying to attempt it while driving, pull off the road and stop your vehicle in a safe place.
- 1 As a general rule,** if you cannot devote your full attention to driving because of some other activity, it's a distraction. Take care of it before or after your trip, not while behind the wheel.

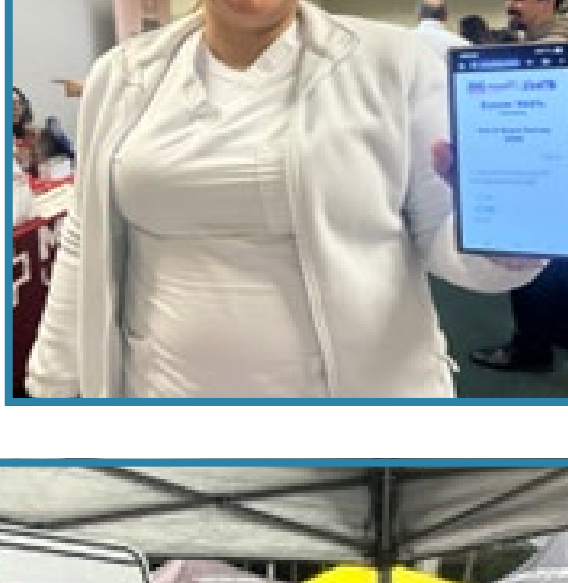
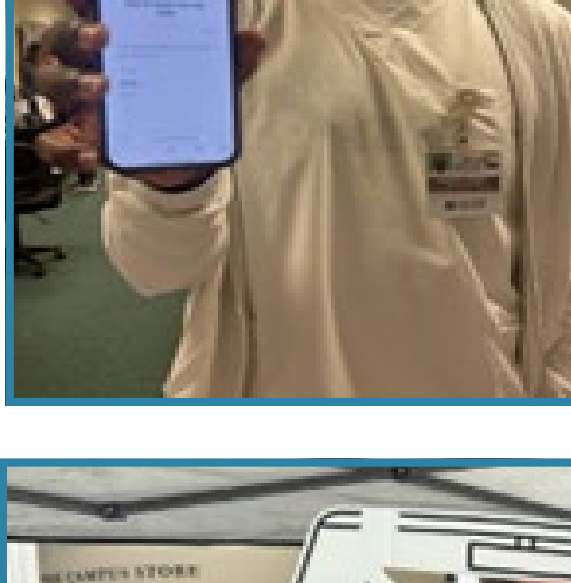
<https://exchange.aaa.com/safety/distracted-driving/tips-for-preventing-distracted-driving/>



ARE YOU A DISTRACTED DRIVER?

Scan the QR code today and take our survey.
Your responses will help us better understand driving behaviors in our community.

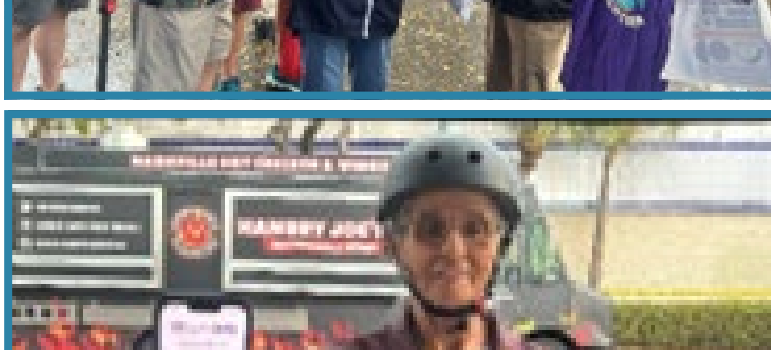
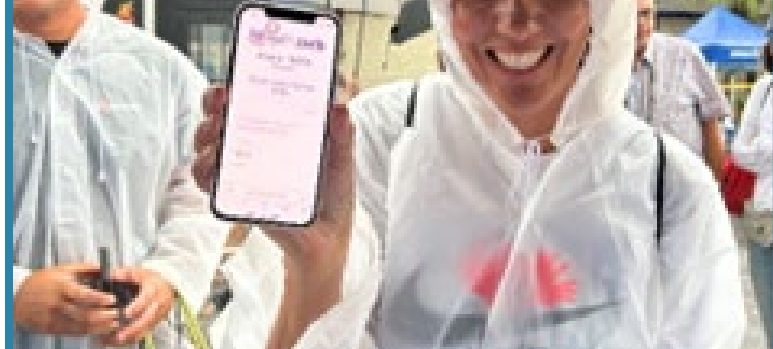
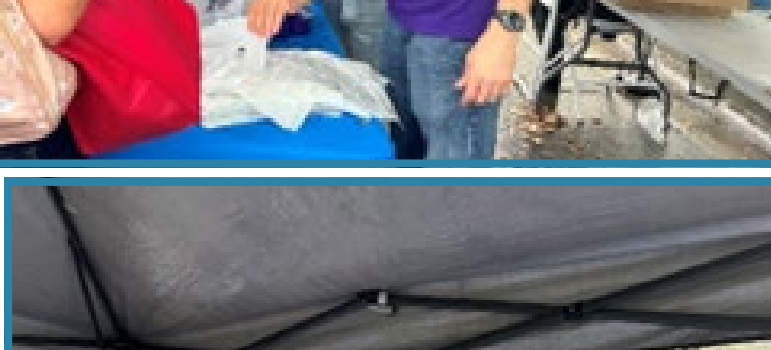
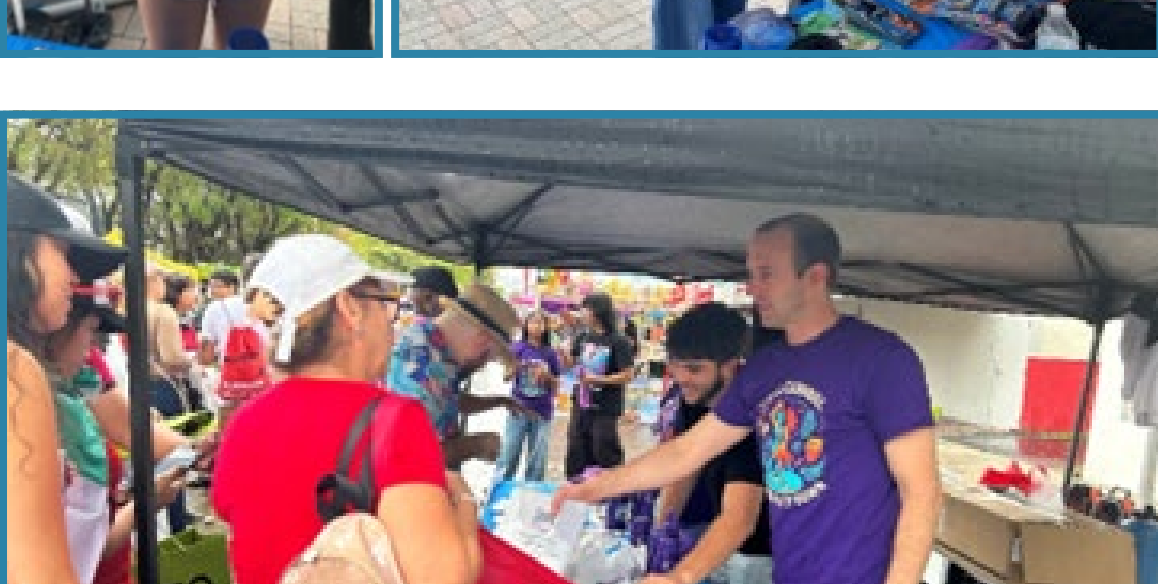
Health & Wellness Fair - Spring into Health
February 20



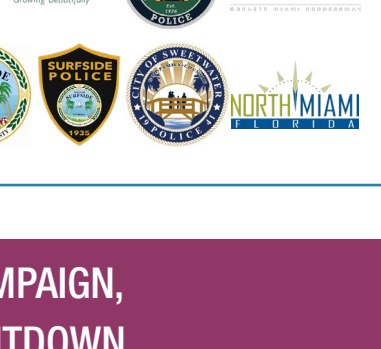
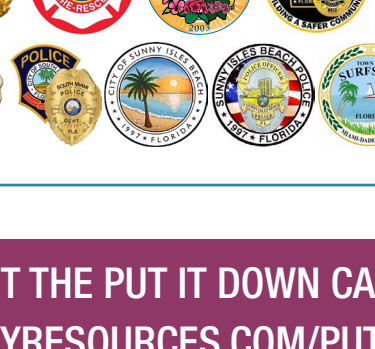
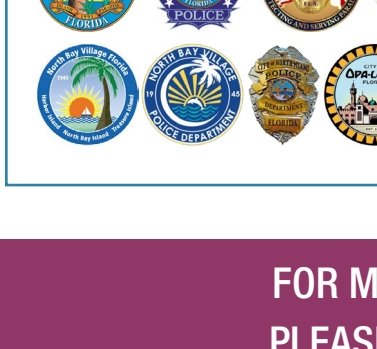
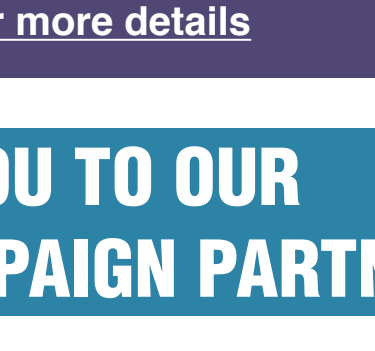
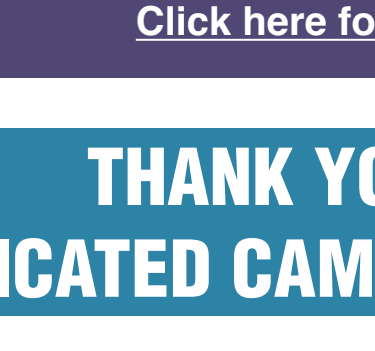
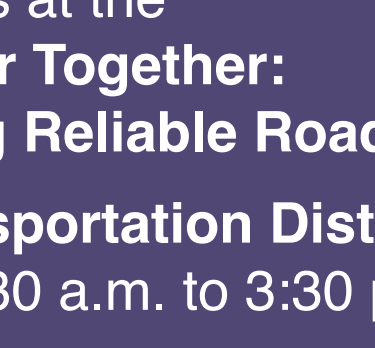
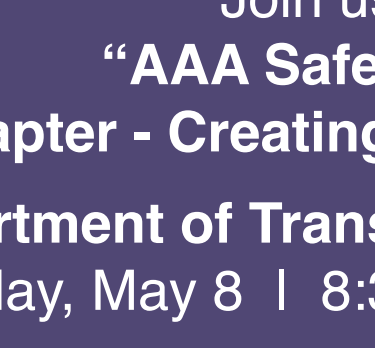
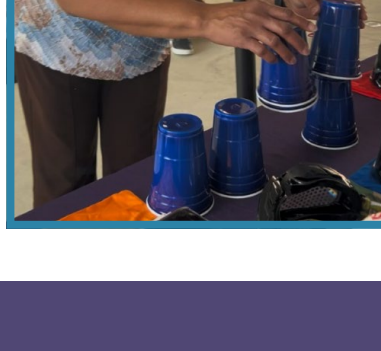
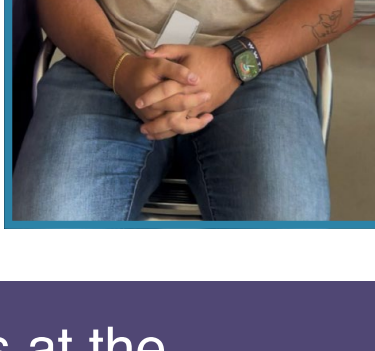
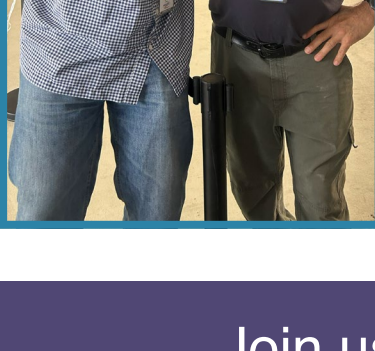
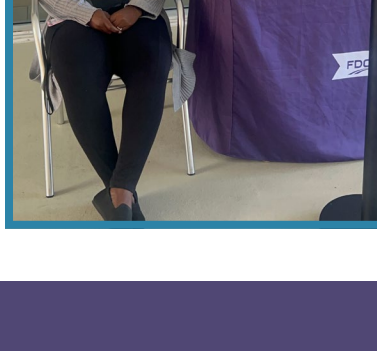
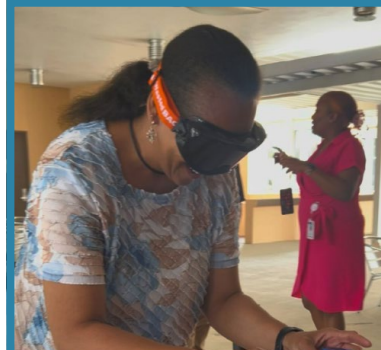
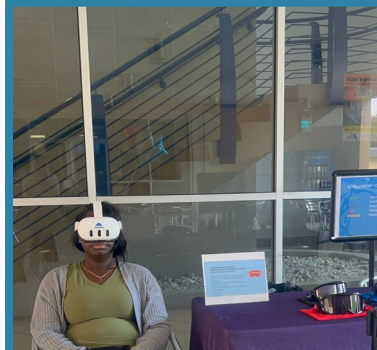
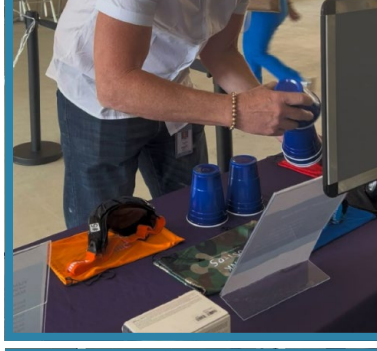
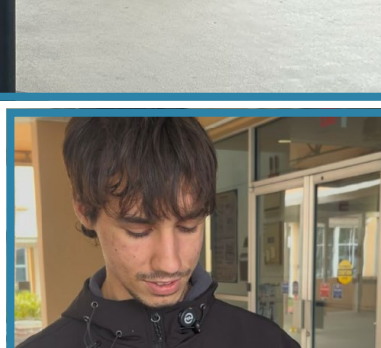
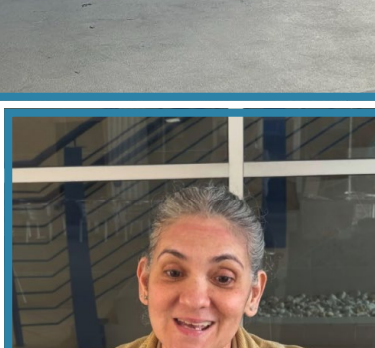
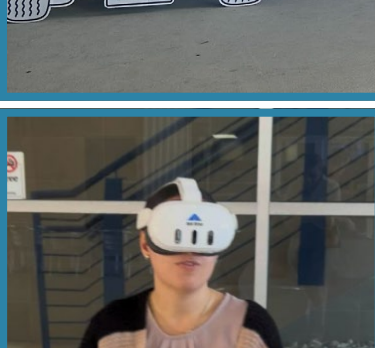
University of Miami Safety Fair
March 4



Calle Ocho Festival
March 15



Distracted Driving Awareness Month Kick-off Even
April 1



Join us at the

“AAA Safer Together:

The Next Chapter - Creating Reliable Roadways for All”

Florida Department of Transportation District Six Office

Friday, May 8 | 8:30 a.m. to 3:30 p.m.

[Click here for more details](#)

THANK YOU TO OUR DEDICATED CAMPAIGN PARTNERS



FOR MORE INFORMATION ABOUT THE PUT IT DOWN CAMPAIGN,
PLEASE VISIT WWW.FDOTSAFETYRESOURCES.COM/PUTITDOWN